

Wrentham Youth Softball

Winter Pitching Clinics

Limited
Space

1st come
1st serve



Starts
November 16th
Sign up by
October 30th

All levels with Tracy Delgrosso

15 one hour group sessions

Wednesdays or Thursdays 4:30pm to 5:30pm

November 18th to March 25th excludes holidays and school closings

\$125 Includes clinic and practice ball

Intermediate/Advanced with Gina Jones

17 one hour group sessions

Mondays 4:30pm to 5:30pm or 5:30pm to 6:30pm*

November 16th to March 29th excludes holidays and school closings

\$140 Includes clinic and practice ball

New this year – add on a private lesson for \$25

Contact Scott Magane for Questions and Registration:

scmagane@na.ko.com 508-384-8579

See reverse side for more information

* Intermediate/Advanced girls will be placed in either 4:30pm or 5:30pm class after registration closes

Softball pitching is a very difficult skill to learn and develop yet a critical part of the game. WYBSA pitching clinics will give girls a jump on their development and help provide a fun spring league for all players

Our Instructors:

Gina Jones A Wrentham resident and mother of four. Our pitching clinic instructor for the last 6 years has been an advocate for girls softball as a 14 year WYBSA coach. Gina is currently coaching the Mass Drifters 16U team and her experience includes AAU, Junior Olympic and KP HS head coaching at the Freshman, JV, and Varsity levels.

Tracy Delgrosso (Pendergast) Our returning youth instructor is a graduate of Walpole HS and Eastern Connecticut University and was a star player at both schools. Currently the Head JV coach for Walpole HS and an experienced pitching instructor, Tracy is also an elementary school teacher. Tracy loves working with children and they respond very well to her style, she is excited and enthusiastic about continuing to teach young girls the important fundamentals of pitching.

Our Clinics:

Beginner Primarily for Minors players - Tracy will focus on the important fundamentals to help young girls develop good habits and control. Teaching techniques, using drills, and live throwing, with some added fun to make up the hour. Girls will be encouraged to practice some drills at home between sessions. This session can also take any level student if scheduling is more convenient. Later in the session parent catching is encouraged.

Intermediate/Advanced Primarily for Majors and Seniors players - Gina will guide the development of strong fundamentals and provide techniques and drills where necessary. Emphasis will move towards building strength and control through live pitching that will require girls to bring their own catcher (usually parent) at some point. Girls will be grouped based on skill level to maximize the effectiveness of classes.